

SUP in the Mangroves

Explore Guadeloupe's mangrove forests on a guided Stand-Up Paddle adventure through peaceful waterways and beautiful natural surroundings.

Discover a different side of Guadeloupe as you paddle through calm waters, surrounded by mangrove trees and their fascinating root systems. Follow your guide through winding waterways, spot local marine life and learn about the important role mangroves play in the island's ecosystem.

A unique experience combining outdoor adventure, nature and discovery.

HIGHLIGHTS

- ✓ Explore the mangrove
- ✓ Discover marine life
- ✓ Paddle through nature

Book at the hotel reception. We recommend practising SUP at the Sail & Surf Centre before the excursion.

Bring swimwear, sunscreen, water and a change of clothes.

Time
Approximately 8,5 hours

Suitable for
Nature lovers who enjoy water activities.

Price
€75 per person

Day: Monday